



ALLERGEN MATRIX

ALLERGENS

NB: THE FOLLOWING ALLERGEN MATRIX CONTAINS BOTH INTENTIONAL INGREDIENT ALLERGENS AND PAL DECLARATION ALLERGENS

DISCLAIMER:

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NB:

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NOTE: Some of our dishes contain MSG. This is indicated beneath the menu item name in parenthesis.



MEAT STARTERS

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
MEAT STARTER	CHICKEN SEEKH KEBAB	✓														
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
MEAT STARTER	LAMB SEEKH KEBAB											✓				
		MC	MC			MC	MC	MC	MC	MC	MC					
MEAT STARTER	CHAPLI KEBAB			✓								✓				
		MC	MC			MC	MC	MC	MC	MC	MC					
MEAT STARTER	CHICKEN TIKKA	✓							✓							
			MC			MC	MC	MC		MC	MC	MC				
MEAT STARTER	LAHORI CHICKEN TIKKA	✓							✓			✓				
			MC			MC	MC	MC		MC	MC				MC	
MEAT STARTER	TANDOORI CHICKEN WING	✓							✓							
			MC			MC	MC	MC		MC	MC	MC				
MEAT STARTER	LAMB SPRING ROLLS		✓													
										MC						
MEAT STARTER	LAMB SAMOSA		✓													
										MC						
MEAT STARTER	MASALA FISH				✓				✓							
		MC	MC			MC	MC	MC		MC	MC	MC				

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V 1.0 01/02/26



VEGETABLE STARTERS

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VEGETABLE STARTER	PUNJABI PAKORA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
VEGETABLE STARTER	ALOO PAKORA															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
VEGETABLE STARTER	ALOO TIKKI															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
VEGETABLE STARTER	ONION BHAJI															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
VEGETABLE STARTER	VEGETABLE SPRING ROLL		✓													
										MC						
VEGETABLE STARTER	VEGETABLE SAMOSA		✓													
										MC						
VEGETABLE STARTER	GARLIC MUSHROOM															✓
		MC	MC			MC	MC	MC	MC	MC	MC					
VEGETABLE STARTER	ROAST POTATO											✓				
		MC	MC			MC	MC	MC		MC	MC					
VEGETABLE STARTER	BOMBAY POTATOES															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				

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CHICKEN MAINS

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CHICKEN MAIN	CHICKEN BIRYANI	✓														
			MC			MC	MC	MC	MC	MC	MC					
CHICKEN MAIN	CHICKEN KORMA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN TIKKA MASALA	✓										✓				
			MC			MC	MC	MC	MC	MC	MC					
CHICKEN MAIN	CHICKEN DOPYAZA															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN KARAH															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN BALTI															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN BHUNA															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN MADRAS															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN VINDALOO															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				

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CHICKEN MAIN	CHICKEN PHAL															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
CHICKEN MAIN	CHICKEN ACHARI						✓									
		MC	MC			MC		MC	MC	MC	MC	MC				
CHICKEN MAIN	DESI CHICKEN KORMA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				

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LAMB MAINS

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LAMB MAIN	DESI LAMB KORMA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB DOPYAZA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB HANDI	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	ALOO LAMB KEEMA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	MATAR LAMB KEEMA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB ACHARI	✓					✓									
			MC			MC		MC	MC	MC	MC	MC				
LAMB MAIN	LAMB BHUNA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB ROGAN JOSH	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	DEGHI GOSHT	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				

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LAMB MAIN	LAMB KARAHİ	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB HALEEM		✓													
		MC				MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB NIHARI		✓													
		MC				MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB PAYA															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
LAMB MAIN	LAMB SINDHI BIRYANI		✓													
		MC				MC	MC	MC	MC	MC	MC	MC				

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VEGETARIAN MAINS

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VEGETARIAN MAIN	CHANNA DAAL															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
VEGETARIAN MAIN	LAHORI CHANNA															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
VEGETARIAN MAIN	PALAK PANEER	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
VEGETARIAN MAIN	MIXED VEGETABLE CURRY															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
VEGETARIAN MAIN	TADKA DAAL															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				

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RICE / NAAN BREADS

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RICE	PILAU RICE															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
RICE	VEGETABLE PILAU RICE															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
RICE	BOILED RICE															✓
		MC	MC			MC	MC	MC		MC	MC					
NAAN	PLAIN NAAN	✓	✓													
										MC						
NAAN	GARLIC NAAN	✓	✓													
										MC						
NAAN	KEEMA NAAN	✓	✓									✓				
						MC	MC	MC	MC	MC	MC				MC	
NAAN	PESHWARI NAAN	✓	✓													
						MC	MC	MC	MC	MC	MC	MC				

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SIDE DISHES

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SIDE DISH	SALT & PEPPER CHICKEN (Hot & Spicy)		✓													
		MC					MC			MC		MC				
SIDE DISH	SALT & PEPPER CHIPS															✓
										MC						
SIDE DISH	CHICKEN GOUJONS (Hot & Spicy)		✓													
		MC		MC	MC			MC		MC		MC				
SIDE DISH	FRIED CHICKEN WINGS (Hot & Spicy)		✓									✓				
										MC						
SIDE DISH	SFC CHICKEN STRIPS		✓									✓				
										MC						
SIDE DISH	MINI CHINESE SPRING ROLLS		✓							✓						
SIDE DISH	RED CABBAGE															✓
										MC						
SIDE DISH	MASALA CHIPS															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
SIDE DISH	CHIPS															✓
										MC						
SIDE DISH	CRISPY SEAWEED (MSG)															✓
										MC						
SIDE DISH	ONION RING		✓													
										MC						
SIDE DISH	SIMLEY STARS															✓
										MC						

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SIDE DISH	SWEETCORN															✓
																MC
SIDE DISH	HASH BROWN															✓
										MC						
SIDE DISH	POTATO WEDGES															✓
										MC						
SIDE DISH	CHICKEN NUGGET		✓													
										MC						
SIDE DISH	FISH FINGER		✓		✓											
										MC						
SIDE DISH	BAKED BEANS															✓
																MC
SIDE DISH	POPPADOM															✓
										MC						
SIDE DISH	PRAWN CRACKER													✓		
									MC	MC						
SIDE DISH	ZEERA POPPADOM							✓								
			MC							MC						
SIDE DISH	ROUND FAR FAR		✓													
		MC				MC	MC	MC		MC	MC	MC				
SIDE DISH	STAR FAR FAR		✓													
		MC				MC	MC	MC		MC	MC	MC				

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CHINESE STYLE DISHES

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CHINESE	CHICKEN SOUP (MSG)		✓	✓						✓						
		MC				MC	MC	MC			MC					
CHINESE	TOMATO SOUP (MSG)	✓														
			MC			MC	MC	MC		MC	MC					
CHINESE	CHINESE CHICKEN CURRY (MSG)		✓				✓		✓							
										MC						
CHINESE	SWEET & SOUR CHICKEN		✓										✓			
										MC						
CHINESE	CHICKEN IN BLACK BEAN SAUCE (MSG)		✓							✓			✓			
										MC						
CHINESE	PANEER MANCHURIAN (MSG)	✓	✓							✓		✓				
										MC						
CHINESE	CHOWMEIN (MSG)		✓							✓						
										MC						
CHINESE	CHICKEN CHOWMEIN (MSG)		✓							✓						
										MC						
CHINESE	EDD FRIED RICE (MSG)			✓												
		MC	MC			MC	MC	MC		MC	MC					

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SALAD / SAUCES

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SALAD/ SAUCE	HUMMUS							✓	✓							
		MC	MC			MC	MC			MC	MC	MC				
SALAD/ SAUCE	SPICY ONIONS															✓
																MC
SALAD/ SAUCE	TUNA PASTA		✓	✓	✓		✓									
		MC				MC		MC			MC				MC	
SALAD/ SAUCE	RUSSIAN SALAD			✓			✓									
																MC
SALAD/ SAUCE	COLESLAW			✓			✓									
		MC	MC			MC		MC		MC	MC					
SALAD/ SAUCE	CHANNA CHAAT															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
SALAD/ SAUCE	PERI PERI POTATOES		✓		✓											
		MC				MC	MC	MC		MC	MC					
SALAD/ SAUCE	CORIANDER CHUTNEY								✓							
										MC						
SALAD/ SAUCE	YOGHURT MINT SAUCE	✓														
										MC						

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SALAD/ SAUCE	SWEET MINT SAUCE	✓														
										MC						
SALAD/ SAUCE	GARLIC MAYO	✓		✓			✓									
			MC			MC		MC	MC	MC	MC					
SALAD/ SAUCE	MINTED ONIONS															✓
																MC
SALAD/ SAUCE	APPLE & CABBAGE SALAD	✓		✓			✓									
																MC
SALAD/ SAUCE	PERI PERI		✓		✓											
		MC				MC	MC	MC		MC	MC					
SALAD/ SAUCE	MANGO CHUTNEY															✓
		MC	MC			MC	MC	MC	MC	MC	MC					
SALAD/ SAUCE	SOYA SAUCE		✓							✓						
																MC
SALAD/ SAUCE	CHILLI IN OIL															✓
		MC	MC			MC	MC	MC		MC	MC					
SALAD/ SAUCE	GREEN CHILLIS IN VINGEAR															✓
																MC

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V 1.0 01/02/26

DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
SALAD/ SAUCE	LYCHEE															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
SALAD/ SAUCE	PEACH SLICE															✓
																MC
SALAD/ SAUCE	TAMARIND SAUCE															✓
		MC	MC			MC	MC	MC		MC	MC					
SALAD/ SAUCE	KETCHUP SAUCE											✓				
																MC
SALAD/ SAUCE																
SALAD/ SAUCE																
SALAD/ SAUCE																
SALAD/ SAUCE																
SALAD/ SAUCE																

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SALAD/ SAUCE	CROUTONS		✓													
		MC								MC						
SALAD/ SAUCE	SWEET CHILLI SAUCE															✓
		MC	MC	MC		MC	MC	MC	MC	MC	MC	MC				
SALAD/ SAUCE	BARBEQUE SAUCE															✓
		MC	MC	MC		MC	MC	MC	MC	MC	MC	MC				
SALAD/ SAUCE	CHICKEN TIKKA BRUSCETTA	✓	✓	✓			✓		✓							
						MC		MC		MC	MC	MC			MC	
SALAD/ SAUCE	TOMATO BRUSCETTA		✓						✓							
		MC		MC		MC		MC		MC	MC					
SALAD/ SAUCE	MIXED SALAD															✓
																MC
SALAD/ SAUCE	LEBANESE MIXED PICKLES								✓							
																MC
SALAD/ SAUCE	MIXED PICKLES						✓									
																MC
SALAD/ SAUCE	CUCUMBER STICKS															✓
																MC

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V 1.0 01/02/26



ITALIAN STYLE DISHES

ALLERGEN MATRIX

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
ITALIAN DISH	PIZZA MARGHERITA	✓	✓													
																MC
ITALIAN DISH	PIZZA CHEESY GARLIC BREAD	✓	✓													
																MC
ITALIAN DISH	PIZZA MEXICAN	✓	✓									✓				
						MC	MC	MC	MC	MC	MC					
ITALIAN DISH	PIZZA CHICKEN TIKKA	✓	✓						✓							
						MC	MC	MC		MC	MC	MC				
ITALIAN DISH	FUNGHI PIZZA	✓	✓													
																MC
PIZZA	BBQ PIZZA	✓	✓							✓						
												MC				

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V 1.0 01/02/26



QUAYSIDE

BUFFET RESTAURANT

STIR FRY

ALLERGEN MATRIX

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STIR FRY	CHICKEN															✓
																MC
STIR FRY	PANEER	✓														
																MC
STIR FRY	BEEF															✓
		MC	MC			MC	MC	MC			MC				MC	
STIR FRY	PRAWNS													✓		
																MC
STIR FRY	MUSSELS												✓			
																MC
STIR FRY	CHICKEN TIKKA	✓							✓			✓				
			MC			MC	MC	MC		MC	MC				MC	
STIR FRY	GREEN OLIVES															✓
																MC
STIR FRY	BLACK OLIVES															✓
																MC
STIR FRY	CARROTS															✓
																MC

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V 1.0 01/02/26

DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
STIR FRY	SPRING ONIONS															✓
																MC
STIR FRY	BROCCOLI															✓
																MC
STIR FRY	CHERRY TOMATOES															✓
																MC
STIR FRY	PEAS															✓
																MC
STIR FRY	BEANSPOUTS															✓
																MC
STIR FRY	GREEN CHILLI (BULLET)															✓
																MC
STIR FRY	MUSHROOMS															✓
																MC
STIR FRY	SOY SAUCE		✓							✓						
																MC
STIR FRY	CHILLI BEAN SAUCE		✓							✓						
																MC

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
STIR FRY	BLACK BEAN SAUCE		✓							✓						
																MC
STIR FRY	SWEET SOUR SAUCE		✓				✓		✓							
																MC
STIR FRY	CARBONARA	✓	✓													
																MC
STIR FRY	ARIBBIATA SAUCE															✓
		MC	MC			MC	MC	MC		MC	MC					
STIR FRY	RASTA SAUCE	✓	✓				✓		✓			✓				
						MC		MC		MC	MC					
STIR FRY	SZECHWAN SAUCE		✓							✓						
		MC					MC	MC		MC	MC				MC	
STIR FRY																
STIR FRY																
STIR FRY																

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V 1.0 01/02/26



DESSERTS

ALLERGEN MATRIX

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DESSERTS	KHEER	✓														
			MC			MC	MC	MC		MC	MC					
DESSERTS	FIRNI	✓														
			MC			MC	MC	MC		MC	MC					
DESSERTS	SAVIAN	✓	✓													
							MC			MC						
DESSERTS	GAJAR HALWA	✓														
			MC			MC	MC	MC		MC	MC					
DESSERTS	GULAB JAMUN	✓	✓													
						MC	MC	MC	MC	MC	MC	MC				
DESSERTS	CUSTARD	✓														
																MC
DESSERTS	SOOJI HALWA	✓														
			MC			MC	MC	MC	MC	MC	MC	MC				
DESSERTS	ZARDA	✓														
			MC			MC	MC	MC		MC	MC					
DESSERTS	ICE-CREAM	✓														
																MC

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
DESSERTS	CAKE (MADERIA)	✓	✓	✓												
																MC
DESSERTS	STRAWBERRY CHEESECAKE	✓	✓	✓												
											MC					
DESSERTS	BANOFEE PIE	✓	✓							✓						
				MC							MC					
DESSERTS	MILLIONAIRES CHEESECAKE	✓	✓	✓						✓						
											MC					
DESSERTS	NEW YORK CHEESECAKE	✓	✓	✓												
											MC					
DESSERTS	BLACK FOREST GATEAU	✓	✓	✓						✓						
											MC					
DESSERTS	CHOCOLATE FUDGE CAKE	✓	✓	✓						✓						
											MC					
DESSERTS	CHOCOLATE GATEAU	✓	✓	✓						✓						
											MC					
DESSERTS	MINI JAM DOUGHNUT	✓	✓	✓						✓						

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
DESSERTS	POFITEROLES	✓	✓	✓						✓						
											MC					
DESSERTS	CHOCOLATE FUDGE ASSIETTE	✓	✓	✓						✓						
											MC					
DESSERTS	PINK LEMONADE ASSIETTE	✓	✓	✓						✓						
						MC					MC					
DESSERTS	CARAMEL PECAN BROWNIE ASSIETTE	✓	✓	✓						✓	✓					
						MC										
DESSERTS	MINI CHOCOLATE ECLAIRS	✓	✓	✓						✓						
											MC					
DESSERTS	STRAWBERRY GATEAU	✓	✓	✓												
											MC					
DESSERTS	CARAMEL FLAPJACK BITES	✓	✓							✓						
				MC							MC					
DESSERTS	FLAPJACK MINI BITES	✓	✓													
				MC						MC	MC					
DESSERTS	MINI CHOCOLATE CLUSTERS	✓	✓							✓						
											MC					

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
DESSERTS	MINI BROWNIE BITES	✓	✓	✓						✓						
											MC					
DESSERTS	TOFFEE CHEESECAKE	✓	✓	✓												
											MC					
DESSERTS	TRIPLE CHOCOLATE GATEAU	✓	✓	✓						✓						
											MC					
DESSERTS	MANGO LASSI	✓														
			MC			MC	MC	MC	MC	MC	MC					
DESSERTS	APPLE CRUMBLE		✓													
DESSERTS	STRAWBERRY JELLY															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
DESSERTS	PINEAPPLE JELLY															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
DESSERTS	CHERRY JELLY															✓
		MC	MC			MC	MC	MC	MC	MC	MC	MC				
DESSERTS	BANANA JELLY															✓
																MC

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DESSERTS	BLACKCURRANT JELLY															✓
																MC
DESSERTS	BLUEBERRY JELLY															✓
																MC
DESSERTS	LEMON CHEESECAKE	✓	✓	✓												
											MC					
DESSERTS																
DESSERTS																
DESSERTS																
DESSERTS																
DESSERTS																

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V 1.0 01/02/26



SUNDAY LUNCH

ALLERGEN MATRIX

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SUNDAY LUNCH	ROAST PARSNIP						✓									
		MC	MC			MC		MC		MC	MC				MC	
SUNDAY LUNCH	MUSHY PEAS	✓														
																MC
SUNDAY LUNCH	MASHED POTATOES	✓														
																MC
SUNDAY LUNCH	SWEDE	✓														
			MC			MC	MC	MC			MC				MC	
SUNDAY LUNCH	CABBAGE	✓														
																MC
SUNDAY LUNCH	CARROTS	✓														
																MC
SUNDAY LUNCH	YORKSHIRE PUDDING	✓	✓	✓												
																MC
SUNDAY LUNCH	ROAST POTATOES															✓
		MC	MC			MC	MC	MC		MC	MC				MC	
SUNDAY LUNCH	CAULIFLOWER CHEESE	✓	✓													
																MC

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DISH CATEGORY	DISH NAME	MILK	GLUTEN	EGGS	FISH	PEANUTS	MUSTARD	SESAME	SULPHITES	SOYA	NUTS	CELERY	MOLLUSCS	CRUSTACEANS	LUPIN	NONE
SUNDAY LUNCH	ROAST TURKEY	✓	✓				✓									
						MC		MC	MC	MC	MC				MC	
SUNDAY LUNCH	ROAST BEEF	✓	✓				✓									
						MC		MC	MC	MC	MC				MC	
SUNDAY LUNCH	CRANBERRY SAUCE															✓
																MC
SUNDAY LUNCH	ENGLISH MUSTARD SAUCE		✓				✓									
																MC
SUNDAY LUNCH	GARDEN MINT SAUCE															✓
																MC
SUNDAY LUNCH	BEEF GRAVY		✓							✓						
																MC

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